CORONAVIRUS:
YOU CAN HELP STOP
THE SPREAD
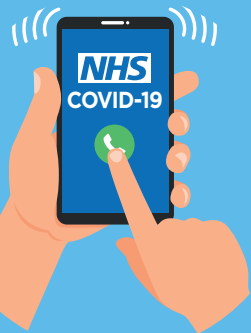
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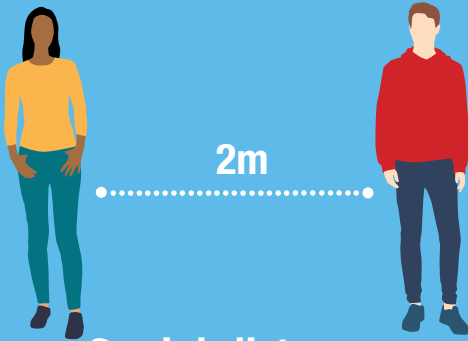
Social distance

Wear a mask

Limit mixing with others

NHS COVID-19

Isolate if contacted

If you need support to self-isolate call **01422 392890.**

For further information on coronavirus visit:
calderdale.gov.uk/v2/coronavirus

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COVID-19 vaccination

People most at risk from the coronavirus will be vaccinated first. Your GP practice will invite you for a COVID-19 vaccination when it is your turn. In the meantime continue to follow all the guidance to control the spread of the virus and save lives.

- Do not contact the NHS for an appointment until your GP practice invites you.

- The Pfizer BioNTech COVID-19 vaccine which is being used for vaccinations in this phase has a 95% success rate for people of all ages, genders and ethnic groups.

- MHRA, the official UK regulator, has confirmed that this vaccine is very safe.

- As with all medicines and vaccines a small number of people could experience side effects, but most are mild and short-term. Even if you do have symptoms of COVID-19 after the first dose, you still need to have the second for the vaccine to be effective.

- You may not be protected from COVID-19 until at least seven days after your second dose of the vaccine.

- The Pfizer vaccine is vegan and vegetarian. If further vaccines are approved information will be published about known allergens or ingredients that are important for certain faiths, cultures and beliefs.

- The COVID-19 vaccine is not recommended for women who are pregnant.

- Anyone suffering from a fever-type illness should postpone their vaccine until they have recovered.

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