

Woodhouse Primary School

Weekly Newsletter No 8

24 October 2019

Contact us - Tel: 01484 714750

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Activities for week commencing: 4 November 2019		
Mon	8.50am	School Re-opens
Tue	2.40pm	Congratulations Assembly – Year 1 to Year 3
Wed	3.15 - 4.00pm 3.15 – 4.00pm	Year 4 trip to Yorkshire Wildlife Park Newspaper Club Netball Club – Group 2
Thu	3.15 - 4.15pm 3.15 – 4.15pm 3.15 – 4.15pm	Yoga – Year 1 and 2 – Group 2 Singing Club – Year 3 to Year 6 Fun Fitness – Year 5 and 6
Fri	10.05am 1.00pm	Friday Bake – 3H ROKT – 5S

Reminder

School closes today, Thursday 24 October at 3.15pm and re-opens on **Monday 4 November 2019**. We hope you all have an enjoyable half term holiday.



School Council Trip To Parliament

Yesterday, some pupils from Year 5 and Year 6 went to London to visit Parliament. They navigated their way on the Underground system and saw a glimpse of the Prime Minister (we think!) in his escorted vehicle. As well as having a tour of the Palace of Westminster (which included going into the House of Lords' chamber), they took part in a workshop on Campaigning. At the end of the workshop, the MP for Calder Valley, Craig Whittaker, came to meet the children and they had the opportunity to ask him questions.

Before returning home, the councillors were lucky enough to walk down Whitehall to Trafalgar Square and then along the Mall to see Buckingham Palace. It was a brilliant day!



Space Competition

Remembering which order the planets come in can be difficult so pupils have been invited to make their own mnemonic to help them. As Pluto is now classed as a 'dwarf planet,' the age old 'My Very Easy Method Just Speeds Up Naming Planets' needs updating! The most creative mnemonic will win a prize! Entries should be handed to class teachers by Friday 8th November.



Year 3 & 4 Disco – Thursday 14 November, 3.15 – 5.00pm

The cost of the disco is £3.00 which will include drinks & snacks.

Payments should be made using the school online payment system by Tuesday 12 November. Paper tickets will not be issued for the event.

Children may bring clothes to change into for the disco. We are in need of helpers who are able to offer assistance with supervision and/or refreshments (this is open to **all** parents/relatives of pupils at the school). If there are insufficient helpers unfortunately the event **will not** be able to take place. Please contact the school office if you are able to help.



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Geography - Holidays

If you are lucky enough to be going on holiday next week, please take the opportunity to talk to your children about the place you are visiting. For holidays abroad, discuss which continent and country you will be visiting, or if your holiday is in the UK, you could talk about which country or county it is in, and whether it is a city, town or village. See if your child can locate the place on a map.



After School Clubs

The following clubs will be running after half term:

Football – Year 3 and 4 (please can children wear trainers)	Mon 11 Nov – Mon 2 Dec	3.15 - 4.15pm
Fun Fitness – Year 5 and 6	Thu 7 Nov – Thu 19 Dec	3.15 – 4.15pm



If your child would like to attend any of these clubs, e-mail newsletters@woodhouse.calderdale.sch.uk and advise school by 9.00am Mon 4 November.

It is important that you include your child's name, class, contact number and advise how your child will be getting home after the club. You will be notified if your child has a place.

Message from our SENCO -

In a recent wellbeing questionnaire, it became apparent that many of our pupils find it difficult to get to sleep and many wake up during the night. So in last week's Think GR8 Feel GR8 assembly, we talked about the importance of a good night's sleep. Please see the information below for parents about getting the right amount of sleep.



Christmas Concert – Year 1 and 2 – Dates

Monday 9 December – Year 1 and 2 Concert - 2.15pm – Parents with pre-school children.
 Tuesday 10 December – Reception Christmas Assembly for parents – 9.15am.
 Wednesday 11 December - Year 1 and 2 Concert - 2.15pm
 Thursday 12 December - Year 1 and 2 Concert – 9.15am

Details of tickets will be sent next month.



Year 6 Admission to Secondary School for September 2020

All applications must be made online with your local authority by 31 October 2019. The local authority has asked us to advise that failure to submit your application form by the above date will seriously disadvantage your child in respect of the allocation of a secondary school place. The links are:

www.calderdale.gov.uk/v2/residents/education-and-learning/schools/admissions
www.kirklees.gov.uk/admissions



School Dinners

The amount until Christmas half term for school dinners is £77.00. If your child wishes to change to, or from, lunches, please allow a week's notice and complete the slip available from the school office. Please can payments be made using the school online payment system.



School Uniform

Uniform orders can be placed online up until 9.00am Friday 13 December. The orders will then be ready shortly after the Christmas break. Thank you.



York FC

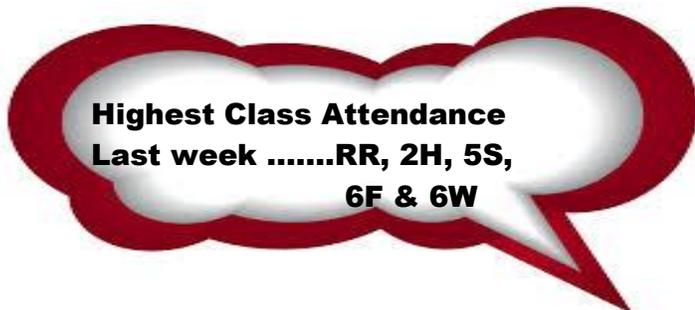
York FC are holding a free, open football trials for boys aged 5-15yr inclusive and girls aged 5-12yr inclusive. The trials will take place in Halifax on Wed 6 Nov. A leaflet is available from the school office with further information.



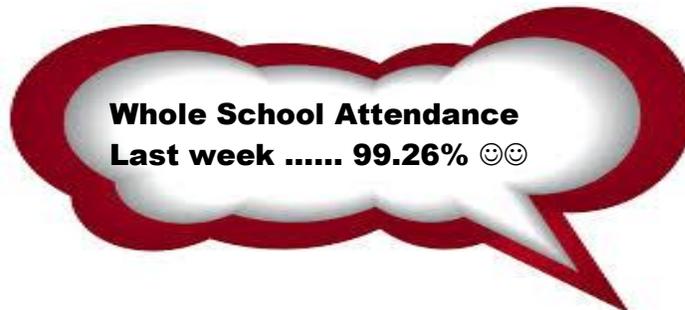
****Classroom News****



- YR - We have been learning about Diwali.
- Y1 – We have been selling our home-made ice lollies.
- Y2 – We have been learning about the Gunpowder Plot.
- Y3 – We have performed our puppet shows to Year 1.
- Y4 - We have been to Brighthouse to compare the human and physical features to the rainforest.
- Y5 – We have been labelling rivers, mountains and altitude levels onto a map of the UK.
- Y6 – We have been creating collages of inspirational people.



Highest Class Attendance
Last weekRR, 2H, 5S,
6F & 6W



Whole School Attendance
Last week 99.26% ☺☺

Yours sincerely

Mrs Lynn Daveney
Headteacher

Message from the SENCO – Mrs Crane

Sleep

The University of Leeds have recently carried out a study into the sleep patterns of children. Their research showed that more than a third of the primary school children who took part in the survey were not getting enough sleep.

How does lack of sleep affect children at school?

Children who do not get enough sleep may be more likely to have difficulties at school, including attention and concentration and are more likely to be absent from school:

Dr Nerina Ramlakhan stated: “Concentration and the ability to learn can be severely affected by lack of sleep. By establishing a regular sleep routine like this the whole family will sleep better, perform better at school and work, and be happier and healthier as a result.”

What can cause poor sleep?

The researchers found that children who used phones, tablets or other electronic devices in the hour before bedtime were more likely to have sleep difficulties:

Dr Weighall said: “There is a clear relationship between technology use and shorter sleep duration. “Where parents are able to encourage their children not to have technology in the bedroom at all, the sleep outcomes are much better.”

Use the link below to read the full article

[:https://www.leeds.ac.uk/news/article/4115/lack_of_sleep_damaging_for_children](https://www.leeds.ac.uk/news/article/4115/lack_of_sleep_damaging_for_children)

How much sleep do children need? The NHS provides the following recommendations:

Age	Recommended sleep
4 years	11 hours 30 minutes
5 years	11 hours
6 years	10 hours 45 minutes
7 years	10 hours 30 minutes
8 years	10 hours 15 minutes
9 years	10 hours
10 years	9 hours 45 minutes
11 years	9 hours 30 minutes

Where can I get help

<https://www.nhs.uk/Livewell/Childrenssleep/Pages/childrenssleephome.aspx>

<http://www.uniqueways.org.uk/sleep-fairies/> or telephone 01422 343090