

Woodhouse Primary School

Weekly Newsletter No 9

8 November 2018

Contact us:- Tel: 01484 714750

Email: admin@woodhouse.calderdale.sch.uk

Website: www.woodhouse.calderdale.sch.uk



Activities for week commencing: 12 November 2018		
Mon	3.15 - 4.00pm 3.15 - 4.15pm 3.15 - 4.15pm	Odd Socks Day Construction Club – Year 1 and 2 – final session Yoga – Year 1 and 2 Football – Year 3 and 4
Tue	2.40pm	Congratulations Assembly – Year 4 to 6
Wed	Full day 8.20 – 8.45am 3.15 – 5.00pm 3.15 – 4.00pm 3.15 – 4.00pm 3.15 – 4.15pm	School Councillors' trip to the Houses of Parliament Zumba – Year 3 – 6 Disco – Year 3 and 4 Student Newspaper Club Netball Club – Year 5 and 6 School Choir – Year 4 - 6
Thu	8.30am 2.30pm 3.15 - 4.15pm	Individual pupil photographs YR Open Door – Class RR Exercise Bootcamp – Year 5 & 6
Fri	10.05am 1.00pm	Friday Bake – 2B ROKT – 5S

Poppies – Remembrance Sunday

Our children have created their own poppies for Brighouse Town Centre to commemorate 100 years since the end of World War 1.

The poppies have been placed around the town centre and in some of the local businesses.

All the children have really enjoyed being involved in this project, supporting the local community and learning about the war.



Individual pupil photographs – Thursday 15 November 2018

Individual and sibling photos will be taken on the above date. Anyone wishing to have photographs with **pre-school** brothers and sisters should come into school at 8.30am. Children with siblings **within** school, will have their photographs taken together during the school day.



Children in Need

Pupils have expressed a wish to support 'Children In Need' by holding a prize draw. Tickets are just 20p and will be available from Monday 12 November until Friday 16 November in the school hall at second break.

Friday 16 November will NOT be a non-uniform day.



Year 3 & 4 Disco – Wednesday 14 November, 3.15 – 5.00pm

The cost of the disco is £3.00 which will include drinks & snacks. Payments should be made using the school online payment system by Friday 9 November. Paper tickets will not be issued for the event. Children may bring clothes to change into for the disco.



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Christmas Cards

Please can orders be placed on line by Wednesday 14 November via www.myartproject.co.uk, following the instructions on the order form and quoting your unique code. **Please don't return any forms or payment to school.**



Message

Please see below a message from our school SENCO, Mrs Anne Crane.



Odd Socks Day - Monday 12th November 2018

As part of Anti-Bullying Week 2018, we will be taking part in Odd Socks Day. This is an opportunity for children to express themselves and appreciate individuality. It will be school uniform as usual but children can wear odd socks!



Charity Coffee Morning / Bake Off for Overgate Hospice

On Saturday 10 November from 10.30-12.20pm, Toybox Nursery is holding a Great Toy Box bake off and coffee morning in memory of Kathleen Walker who sadly passed away recently. There will be a bake-off contest, tombola, refreshments, activities and of course cake!



*****Classroom News*****

- YR – We have been learning about Diwali.
- Y1 – We have been retelling the story "Wow!" said the Owl by Tim Hopgood
- Y2 – We have started rehearsals for our Christmas Concert.
- Y3 – We have started our new science topic about forces and magnets.
- Y4 – We enjoyed a fabulous day at the Yorkshire Wildlife Park.
- Y5 – We have been creating instructions for building models.
- Y6 – We have started learning to play the keyboard.



Sport News

Another fantastic result from our football team who had a resounding win over Field Lane Primary winning 7 – 2! Well done!

**Highest Class Attendance
last week..... 2F & 3H**

**Whole School Attendance
..... 97.70% 😊**

Yours sincerely

Mrs Lynn Daveney
Headteacher

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Message from the SENCO – Mrs Crane

Worries and anxiety

Children, like adults, have different feelings about what is happening to them in their lives and it's absolutely normal for them to feel worried or fearful from time to time. Worries may include friendships, school work and family events including moving home, bereavement and divorce. It's natural for all children to worry about these things and to feel anxious when faced with unusual events or challenges. Learning how to deal with these situations is part of growing up.

The word anxiety is used to describe the mental and physical response to feared and threatening situations. Anxiety is a completely normal response experienced by everyone at times. It becomes a problem if it is excessive and affects day to day functioning.

Parents and carers can support their children by showing them that they care, and by talking about the cause of the worries, finding solutions together and by reassuring them that their feelings are normal. Try not to over-reassure or 'rescue' the child. For most children, the worries go away with support from home.

If your child's anxiety does not improve despite efforts to tackle it yourself, or it becomes worse or more frequent, and you think it is having a significant effect on their schooling or relationships, contact the school office to make an appointment to speak to the class teacher or myself. School may be able to offer support and often, providing reassurance and someone to talk to for a short period of time is enough to help the child overcome their problems and find ways of coping when they feel worried.

However, a small group of children and young people have anxiety which causes a lot of distress, and can seriously affect the way they live their lives. If your child is **so anxious that they can't cope with ordinary day-to-day life**, more help may be needed. GPs can often help children and their parents to understand their anxiety and suggest ways to help and support the child. The GP or school may make a referral to CAMHS (Child and Adolescent Mental Health Service) for specialist advice.

There are lots of organisations offering advice to children and young people and their parents. The following websites may be useful:

<http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/anxiety-in-children.aspx>

<https://youngminds.org.uk/>

Young Minds also have a parent helpline: 0808 802 5544

